Sample Packing List

Description

Remember that a pilgrim who travels light is a happy pilgrim! This list is not intended to be exhaustive but it should give you a starting point for your packing. A few tips as you adapt it for your own needs:

- This is based on the pilgrimage itself, and you should plan accordingly if you will be spending additional time in Europe before or after the pilgrimage.
- Take advantage of laundry options in Salisbury and plan to re-wear clothes.
- Choose clothes that can be easily mixed-and-matched.
- Limit shoes to two pairs (one comfortable walking pair and one nicer pair for Sunday worship).
- Use packing cubes and compression bags but be mindful of weight limits of checked bags.
- Plan to wear heavier items like jeans and jackets on the plane to save weight in your bags.
- If you wonâ??t wear something more than twice, donâ??t bring it!
- Pack your bag in enough time to carry it around some â?? youâ??d rather find out itâ??s too heavy at home than as youâ??re getting to the airport.
- Note that this list assumes you will do laundry at least one day during the pilgrimage, so adjust accordingly if you are packing for the full trip.

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Clothing

- 4-5 casual tops (t-shirts, polos, blouses, or similar)
- 2 pairs of shorts
- 1 pair of jeans/pants
- 1 lightweight sweater/fleece
- 1 nicer outfit appropriate for Sunday worship, including a tie/scarf and belt as needed/desired
- 5-6 pairs of underwear
- 5-6 pairs of socks
- Sleepwear
- Comfortable walking shoes
- Nicer shoes for Sunday worship
- Hat/baseball cap
- Sunglasses
- Light jacket/poncho or umbrella

Toiletries

Hint: bring travel-sized toiletries for easier air travel, and purchase larger quantities if needed in Salisbury

- Shampoo
- Conditioner
- Body wash/soap
- Toothbrush and toothpaste
- Deodorant
- Sunscreen
- Hand sanitizer
- Shaving cream/gel and razor
- Lotion
- Medications
    - Include OTC medications such as pain relievers, nausea medication, allergy medication, etc.
    - Prescription medications should be carried in your carryon bag. Make sure they are in their original containers, and confirm any requirements for bringing medications into the UK
- Brush/comb
- Small first aid kit
- Glasses/contacts
- Nail clippers/files/tweezers
- Feminine hygiene products
- Moleskin/blister relief

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Travel Essentials

- Documents including:
    - Passport
    - Driverâ??s license
    - Insurance details
    - Printed copies of travel documents such as itineraries and boarding passes
- **Copies** (either printed or electronic) of the above documents
- Money belt
- At least 2 credit/debit cards
- Daypack for items to bring with you on the coach or at pilgrimage sites large enough for two nights spent away from Sarum College
- Empty water bottle
- Earplugs/neck pillow for flight
- Books/e-reader such as a Kindle
- Sealable plastic bags for liquids going through airport security

Electronics

- Watch
- Cell phone
- Alarm clock if needed
- Headphones/earbuds
- Laptop/tablet

- Chargers
- UK power adapter
- Camera

Pilgrimage Essentials

- Bible
- Pilgrimâ??s Journal
- Notebook/journal and pen

Date
2026/11/11

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